1. **StudyID**  
StudyID  
Number(5.0)

2. **DOB**  
Date of Birth  
(DD/MM/YYYY)  
Date

3. **RefDate**  
Reference Date  
(DD/MM/YYYY)  
Date

4. **NumEVol**  
Number of rows in Occupational & Volunteer Activities  
Number(2.0)

5. **EmpVol**  

5.1. **EmpVol** : ARRAY  
[1..50]

5.1.1. **JobDesc**  
Job Title  
Text(250)

Type a description of the job title. Press '0' if the participant has never had any jobs.

5.1.2. **JobAct**

5.1.2.1. **PANaA**  
Occupational Activity #1  
Text(250)

Begin typing the name of the first of up to three activities here.

5.1.2.2. **PANaAOt**  
Please specify the OTHER activity #1  
Text(150)

5.1.2.3. **PhysActA**  
Act1Code  
Number(3.0)

5.1.2.4. **PANaB**  
Occupational Activity #2  
Text(250)

Begin typing the name of the next activity. Press enter if no other activities are performed at this job.

5.1.2.5. **PANaBOt**  
Please specify the OTHER activity #2  
Text(150)

5.1.2.6. **PhysActB**  
Act1Code  
Number(3.0)

5.1.2.7. **PANaC**  
Occupational Activity #3  
Text(250)

Begin typing the name of the next activity. Press enter if no other activities are performed at this job.

5.1.2.8. **PANaCOt**  
Please specify the OTHER activity #3  
Text(150)

5.1.2.9. **PhysActC**  
Act3Code  
Number(3.0)

5.1.3. **JobAgSt**  
Age Started  
Number(2.0)

5.1.4. **JobAgSp**  
Age Ended  
Number(2.0)

If the participant is still...
working at this job, enter her age at the reference date.

<table>
<thead>
<tr>
<th>Question</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>5.1.5.</td>
<td><strong>JobMo</strong>  Number of <strong>months</strong> per year  Number(5.2)</td>
</tr>
<tr>
<td>5.1.6.</td>
<td><strong>JobDy</strong>  Number of <strong>Days</strong> per week  Number(4.2)</td>
</tr>
<tr>
<td>5.1.7.</td>
<td><strong>JobHr</strong>  Time per Day - <strong>Hours</strong>  Number(2.0)</td>
</tr>
<tr>
<td>5.1.8.</td>
<td><strong>JobMin</strong>  Time per Day - <strong>Minutes</strong>  Number(3.0)</td>
</tr>
<tr>
<td>5.1.9.</td>
<td><strong>LevInt</strong>  Intensity of Activity  Number(1.0)</td>
</tr>
</tbody>
</table>

Refer participant to list H2.

<table>
<thead>
<tr>
<th>Question</th>
<th>Description</th>
<th>Choice 1</th>
<th>Choice 2</th>
<th>Choice 3</th>
<th>Choice 4</th>
<th>Choice 5</th>
<th>Choice 6</th>
<th>Choice 7</th>
</tr>
</thead>
<tbody>
<tr>
<td>5.1.10.</td>
<td><strong>Work</strong>  Did you ever walk, bike, rollerblade or run to this job?  SingleChoice</td>
<td>Yes.................[1]</td>
<td>No...................[2]</td>
<td>Refused...............[97]</td>
<td>DntKnow.............[99]</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

More than one method of transportation may be selected from the list. To select multiple methods of transportation, enter the first number, then a space or a dash, then the second number etc. Press Enter to continue.

<table>
<thead>
<tr>
<th>Question</th>
<th>Description</th>
<th>Enter number.</th>
</tr>
</thead>
<tbody>
<tr>
<td>5.1.12.</td>
<td><strong>WkMn</strong>  How many MONTHS per year did/do you walk to and/or from work?  Number(5.2)</td>
<td></td>
</tr>
<tr>
<td>5.1.13.</td>
<td><strong>WkDy</strong>  How many DAYS per WEEK did you walk to and/or from work?  Number(4.2)</td>
<td></td>
</tr>
<tr>
<td>5.1.14.</td>
<td><strong>WkTmHr</strong>  How much time (HOURS) did you spend WALKING to and/or from work each day?  Number(1.0)</td>
<td></td>
</tr>
<tr>
<td>5.1.15.</td>
<td><strong>WkTmMin</strong>  How much time (MINUTES) did you spend WALKING to and/or from work each day?  Number(2.0)</td>
<td></td>
</tr>
<tr>
<td>5.1.16.</td>
<td><strong>WkTm</strong>  Walk Time  Number(5.2)</td>
<td></td>
</tr>
<tr>
<td>5.1.17.</td>
<td><strong>WkLevInt</strong>  Intensity for the WALK mode of Transportation  Number(1.0)</td>
<td></td>
</tr>
</tbody>
</table>

Refer participant to list H2.

<table>
<thead>
<tr>
<th>Question</th>
<th>Description</th>
<th>Enter number.</th>
</tr>
</thead>
<tbody>
<tr>
<td>5.1.18.</td>
<td><strong>BkMn</strong>  How many MONTHS per year did/do you BIKE to and/or from work?  Number(5.2)</td>
<td></td>
</tr>
<tr>
<td>5.1.19.</td>
<td><strong>BkDy</strong>  How many DAYS per week  Number(4.2)</td>
<td></td>
</tr>
</tbody>
</table>
5.1.20. **BkTmHr** How much time (HOURS) did you spend BIKING to and/or from work each day? Number(1.0)

5.1.21. **BkTmMin** How much time (MINUTES) did you spend BIKING to and/or from work each day? Number(2.0)

5.1.22. **BkTm** How much time did you spend biking to and/or from work each day? May be in minutes or hours. Number(5.2)

5.1.23. **BkLevInt** Intensity for the BIKE mode of Transportation

Refer participant to list H2.

5.1.24. **RbMn** How many MONTHS per year did/do you ROLLERBLADE to and/or from work? Number(5.2)

Enter number.

5.1.25. **RbDy** How many DAYS per week did you ROLLERBLADE to and/or from work? Number(4.2)

5.1.26. **RbTmHr** How much time (HOURS) did you spend ROLLERBLADING to and/or from work each day? Number(1.0)

5.1.27. **RbTmMin** How much time (MINUTES) did you spend ROLLERBLADING to and/or from work each day? Number(2.0)

5.1.28. **RbTm** How much time did you spend rollerblading to and/or from work each day? May be in minutes or hours. Number(5.2)

5.1.29. **RbLevInt** Intensity for the ROLLERBLADE mode of Transportation

Refer participant to list H2.

5.1.30. **RMn** How many MONTHS per year did/do you RUN to and/or from work? Number(5.2)

Enter number.

5.1.31. **RDy** How many DAYS per week did/do you RUN to work? Number(4.2)

5.1.32. **RTmHr** How much time (HOURS) did you spend running to and/or from work? Number(1.0)
5.1.33. **RTmMin**  
How much time (MINUTES) did you spend RUNNING to and/or from work each day?  
Number(2.0)

5.1.34. **RTm**  
How much time did you spend running to and/or from work each day?  
May be in minutes or hours.  
Number(5.2)

5.1.35. **RLevInt**  
Intensity for the RUN mode of Transportation  
Refer participant to list H2.  
Number(1.0)

5.1.36. **OSp**  
Please specify the OTHER mode of transportation  
Text(50)

5.1.37. **OMon**  
How many MONTHS per year did/do you ^OSp to and/or from work?  
Enter number.  
Number(5.2)

5.1.38. **ODay**  
How many DAYS per week did you ^OSp to and/or from work?  
Number(4.2)

5.1.39. **OTmHr**  
How much time (HOURS) did you spend ^OSp to and/or from work each day?  
Number(1.0)

5.1.40. **OTmMin**  
How much time (MINUTES) did you spend ^OSp to and/or from work each day?  
Number(2.0)

5.1.41. **OTm**  
How much time did you spend ^OSp to and/or from work each day?  
May be in minutes or hours.  
Number(5.2)

5.1.42. **OLevInt**  
Intensity for the OTHER mode of Transportation  
Refer participant to list H2.  
Number(1.0)

6. **NumHH**  
Number of Rows in Household Activities  
Number(2.0)

7. **Household**  

7.1. **House** : ARRAY[1..50]

7.1.1. **HAgeSt**  
Age current household activity started?  
Number(3.0)

7.1.2. **HAgeSp**  
Age current household activity ended?  
Number(3.0)

7.1.3. **HMonth**  
Number of months per year.  
Number(5.2)

7.1.4. **HDay**  
Number of days per week.  
Number(4.2)
7.1.5. **HHours**  
Time per Day - **Hours**  
Number(2.0)

7.1.6. **HMin**  
Time per Day - **Minutes**  
Number(3.0)

7.1.7. **HLight**  
Hours per day in activities that were in category: **Light (category 2)**?  
Refer to list H2. You may enter up to two decimal places.

7.1.8. **HMod**  
Hours per day in activities that were in category:  
**Moderate (category 3)?**  
Refer to list H2. You may enter up to two decimal places.

7.1.9. **HHeavy**  
Hours per day in activities that were in category:  
**Heavy (category 4)?**  
Refer to list H2. You may enter up to two decimal places.

8. **NumRAct**  
Number of Rows in Exercise and Sport Activities  
Number(2.0)

9. **RecTable**

9.1. **RecActs** : ARRAY

9.1.1. **RecAct**

9.1.1.1. **RcCode**  
Number(3.0)

9.1.1.2. **RecActName**  
Activity  
Text(100)

9.1.2. **RcNaOt**  
Please specify the name of the recreation and leisure activity.  
Text(150)

9.1.3. **RcAgSt**  
Age activity started  
Number(2.0)

9.1.4. **RcAgSp**  
Age activity started  
Number(2.0)

If the participant is continuing to participate in this activity, enter her age at the reference date.

9.1.5. **RcOf**  
Frequency of Activity  
Number(6.2)

May be per day, per week, per month or per year.

9.1.6. **RcUt**  
Frequency of Activity - Period  
SingleChoice

Day..................[1]  
Week..................[2]  
Month..................[3]  
Year..................[4]

Please select per day, per week, per month or per year.
9.1.7. **RcMo** Number of months per year Number(5.2)

*Enter number of months per year*

9.1.8. **RcTmHr** Time per Activity - **Hours** Number(2.0)

9.1.9. **RcTmMin** Time per Activity - **Minutes** Number(2.0)

9.1.10. **RcTm** Calculated Time for Activity Number(5.2)

9.1.11. **RecInt** Intensity of this activity Number(1.0)

*Refer to list H2.*