



		LTPAQ_BIM	
1.	StudyID	StudyID	Number(5.0)
2.	DOB	Date of Birth (DD/MM/YYYY)	Date
3.	RefDate	Reference Date (DD/MM/YYYY)	Date
4.	NumEVol	Number of rows in Occupational & Volunteer Activities	Number(2.0)
		5. EmpVol	
		5.1. EmpVol : ARRAY [1..50]	
5.1.1.	JobDesc	Job Title	Text(250)
		Type a description of the job title. Press '0' if the participant has never had any jobs.	
		5.1.2. JobAct	
5.1.2.1.	PANaA	Occupational Activity #1	Text(250)
		Begin typing the name of the first of up to three activities here.	
5.1.2.2.	PANaAOt	Please specify the OTHER activity #1	Text(150)
5.1.2.3.	PhysActA	Act1Code	Number(3.0)
5.1.2.4.	PANaB	Occupational Activity #2	Text(250)
		Begin typing the name of the next activity. Press enter if no other activities are performed at this job.	
5.1.2.5.	PANaBOt	Please specify the OTHER activity #2	Text(150)
5.1.2.6.	PhysActB	Act1Code	Number(3.0)
5.1.2.7.	PANaC	Occupational Activity #3	Text(250)
		Begin typing the name of the next activity. Press enter if no other activities are performed at this job.	
5.1.2.8.	PANaCOt	Please specify the OTHER activity #3	Text(150)
5.1.2.9.	PhysActC	Act3Code	Number(3.0)
5.1.3.	JobAgSt	Age Started	Number(2.0)
5.1.4.	JobAgSp	Age Ended	Number(2.0)
		If the participant is still	

	working at this job, enter her age at the reference date.		
5.1.5. JobMo	Number of months per year	Number(5.2)	
5.1.6. JobDy	Number of Days per week	Number(4.2)	
5.1.7. JobHr	Time per Day - Hours	Number(2.0)	
5.1.8. JobMin	Time per Day - Minutes	Number(3.0)	
5.1.9. LevInt	Intensity of Activity	Number(1.0)	
	Refer participant to list H2.		
5.1.10. Work	Did you ever walk, bike, rollerblade or run to this job?	SingleChoice	Yes.....[1] No.....[2] Refused.....[97] DntKnow.....[99]
5.1.11. WBRbR ARRAY[1..7]	Which ones did/do you normally do?	MultiChoice	W.....[1] B.....[2] RB.....[3] R.....[4] O.....[5] Refused.....[97] DntKnow.....[99]
	More than one method of transportation may be selected from the list. To select multiple methods of transportation, enter the first number, then a space or a dash, then the second number etc. Press Enter to continue.		
5.1.12. WkMn	How many MONTHS per year did/do you walk to and/or from work?	Number(5.2)	
	Enter number.		
5.1.13. WkDy	How many DAYS per WEEK did you walk to and/or from work?	Number(4.2)	
5.1.14. WkTmHr	How much time (HOURS) did you spend WALKING to and/or from work each day?	Number(1.0)	
5.1.15. WkTmMin	How much time (MINUTES) did you spend WALKING to and/or from work each day?	Number(2.0)	
5.1.16. WkTm	Walk Time	Number(5.2)	
5.1.17. WkLevInt	Intensity for the WALK mode of Transportation	Number(1.0)	
	Refer participant to list H2.		
5.1.18. BkMn	How many MONTHS per year did/do you BIKE to and/or from work?	Number(5.2)	
	Enter number.		
5.1.19. BkDy	How many DAYS per week	Number(4.2)	

	did you BIKE to and/or from work?	
5.1.20. BkTmHr	How much time (HOURS) did you spend BIKING to and/or from work each day?	Number(1.0)
5.1.21. BkTmMin	How much time (MINUTES) did you spend BIKING to and/or from work each day?	Number(2.0)
5.1.22. BkTm	How much time did you spend biking to and/or from work each day? May be in minutes or hours.	Number(5.2)
5.1.23. BkLevInt	Intensity for the BIKE mode of Transportation	Number(1.0)
	Refer participant to list H2.	
5.1.24. RbMn	How many MONTHS per year did/do you ROLLERBLADE to and/or from work?	Number(5.2)
	Enter number.	
5.1.25. RbDy	How many DAYS per week did you ROLLERBLADE to and/or from work?	Number(4.2)
5.1.26. RbTmHr	How much time (HOURS) did you spend ROLLERBLADING to and/or from work each day?	Number(1.0)
5.1.27. RbTmMin	How much time (MINUTES) did you spend ROLLERBLADING to and/or from work each day?	Number(2.0)
5.1.28. RbTm	How much time did you spend rollerblading to and/or from work each day? May be in minutes or hours.	Number(5.2)
5.1.29. RbLevInt	Intensity for the ROLLERBLADE mode of Transportation	Number(1.0)
	Refer participant to list H2.	
5.1.30. RMn	How many MONTHS per year did/do you RUN to and/or from work?	Number(5.2)
	Enter number.	
5.1.31. RDy	How many DAYS per week did/do you RUN to work?	Number(4.2)
5.1.32. RTmHr	How much time (HOURS)	Number(1.0)

		did you spend RUNNING to and/or from work each day?	
5.1.33.	RTmMin	How much time (MINUTES) did you spend RUNNING to and/or from work each day?	Number(2.0)
5.1.34.	RTm	How much time did you spend running to and/or from work each day? May be in minutes or hours.	Number(5.2)
5.1.35.	RLevInt	Intensity for the RUN mode of Transportation	Number(1.0)
		Refer participant to list H2.	
5.1.36.	OSp	Please specify the OTHER mode of transportation	Text(50)
5.1.37.	OMon	How many MONTHS per year did/do you ^OSp to and/or from work? @?	Number(5.2)
		Enter number.	
5.1.38.	ODay	How many DAYS per week did you ^OSp to and/or from work?	Number(4.2)
5.1.39.	OTmHr	How much time (HOURS) did you spend ^OSp to and/or from work each day?	Number(1.0)
5.1.40.	OTmMin	How much time (MINUTES) did you spend ^OSp to and/or from work each day?	Number(2.0)
5.1.41.	OTm	How much time did you spend ^OSp to and/or from work each day? May be in minutes or hours.	Number(5.2)
5.1.42.	OLevInt	Intensity for the OTHER mode of Transportation	Number(1.0)
		Refer participant to list H2.	
6.	NumHH	Number of Rows in Household Activities	Number(2.0)
.		7. Household	
..		7.1. House : ARRAY[1..50]	
7.1.1.	HAgeSt	Age current household activity started?	Number(3.0)
7.1.2.	HAgeSp	Age current household activity ended?	Number(3.0)
7.1.3.	HMonth	Number of months per year.	Number(5.2)
7.1.4.	HDay	Number of days per week.	Number(4.2)

- 7.1.5. **HHours** Time per Day - **Hours** Number(2.0)
- 7.1.6. **HMin** Time per Day - **Minutes** Number(3.0)
- 7.1.7. **HLight** Hours per day in activities that were in category: **Light (category 2)?** Number(5.2)

Refer to list H2. You may enter up to two decimal places.

- 7.1.8. **HMod** Hours per day in activities that were in category: **Moderate (category 3)?** Number(5.2)

Refer to list H2. You may enter up to two decimal places.

- 7.1.9. **HHeavy** Hours per day in activities that were in category: **Heavy (category 4)?** Number(5.2)

Refer to list H2. You may enter up to two decimal places.

- 8. **NumRAct** Number of Rows in Exercise and Sport Activities Number(2.0)

9. **RecTable**

9.1. **RecActs** : ARRAY [1..50]

9.1.1. **RecAct**

- 9.1.1.1. **RcCode** Number(3.0)
- 9.1.1.2. **RecActName** Activity Text(100)
- 9.1.2. **RcNaOt** Please specify the name of the recreation and leisure activity. Text(150)
- 9.1.3. **RcAgSt** Age activity started Number(2.0)
- 9.1.4. **RcAgSp** Age activity started Number(2.0)

If the participant is continuing to participate in this activity, enter her age at the reference date.

- 9.1.5. **RcOf** Frequency of Activity Number(6.2)

May be per day, per week, per month or per year.

- 9.1.6. **RcUt** Frequency of Activity - Period SingleChoice
 - Day.....[1]
 - Week.....[2]
 - Month.....[3]
 - Year.....[4]

Please select per day, per week, per month or per year.

9.1.7. **RcMo** Number of months per year Number(5.2)

[Enter number of months per year](#)

9.1.8. **RcTmHr** Time per Activity - **Hours** Number(2.0)

9.1.9. **RcTmMin** Time per Activity - **Minutes** Number(2.0)

9.1.10. **RcTm** Calculated Time for Activity Number(5.2)

9.1.11. **RecInt** Intensity of this activity Number(1.0)

[Refer to list H2.](#)